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Systemic treatment of advanced hepatocellular carcinoma: From disillusion to new horizons

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Abstract Hepatocellular carcinoma (HCC) is an aggressive malignancy, which accounts for a third of all cancer deaths globally each year. The management of patients with HCC is complex, as both the tumour stage and any underlying liver disease must be considered conjointly. Since the approval of sorafenib in advanced HCC, several phase III clinical trials have failed to demonstrate any superiority over sorafenib in the frontline setting, and no agent has been shown to impact outcomes after sorafenib failure. This review will focus on the range of experimental therapeutics for patients with advanced HCC and highlight the successes and failures of these treatments as well as areas for future development. Specifics such as dose limiting toxicity and safety profile in patients with liver dysfunction related to the underlying chronic liver disease should be considered when developing therapies in HCC. Finally, robust validated and reproducible surrogate end-points as well as predictive biomarkers should be defined in future randomised trials.

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0. Introduction

Hepatocellular carcinoma (HCC) is the third cause of cancer-related death worldwide [1]. The rim prognosis of HCC is in great part due to the fact that despite the imple-

mentation of screening programs targeting at-risk populations (i.e. patients with chronic liver disease) in most developed countries worldwide, many patients diagnosed with HCC (or HCC recurrence) are not amenable to curative-intent treatments. Despite numerous trials investigating various cytotoxic agents alone or in combination, the role of systemic chemotherapy in advanced HCC remains unclear. No drugs either alone or in combination have been shown to do better than doxorubicin, which did not convincingly improve survival over supportive care [2].

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Indeed, in patients with advanced HCC, sorafenib, an orally available tyrosine kinase inhibitor (TKI) targeting – among others – vascular endothelial growth factor (VEGF), the key mediator of angiogenesis, and RAF, remains the only approved systemic therapy since the results of the two Phase III trials SHARP and Asia-Pacific [3,4] (Table 1). The efficacy of sorafenib in HCC is thought to result from the inhibition of VEGF and of the RAS/RAF/MEK/ERK pathway at the level of RAF. Irrespective of the mechanisms of action of sorafenib which remain not fully understood, the observed low objective response rate (ORR) according to response evaluation criteria in solid tumors (RECIST) (<5%) and the median overall survival (OS) of less than 1 year achieved in randomised studies emphasise the need for new treatments in HCC. This review highlights the results from phase three studies

assessing molecular-targeting agents as first-line treatment in combination with, or compared to sorafenib, or as second-line therapy after failure of sorafenib, and details several drugs with new targets under evaluation in phase II and III trials as well as biomarker-driven therapeutic strategies.

1. Recent disillusiones

1.1. Antiangiogenic agents

As high VEGF expression and increased micro-vessel density have been associated with poor survival, there is a strong rationale for using antiangiogenic agents in HCC [5,6]. BRISK-FL trial was based on the preclinical and promising clinical activity of brivanib, a dual TKI of

Table 1

Randomised phase III clinical trials completed in hepatocellular carcinoma (HCC) in the first- and second-line settings (2007–2014).

Comparison [Reference] (Name, study number)	Treatment line	Patients (n)	TTP (in months)	OS (in months)
Sorafenib versus placebo [3] (SHARP, NCT00105443)	1st	Sorafenib (n = 299) Placebo (n = 303)	5.5 versus 2.8; HR = 0.58 (95% CI, 0.45–0.74); P < 0.001	10.7 versus 7.9; HR = 0.69 (95% CI, 0.55–0.87); P = 0.00058
Sorafenib versus placebo [4] (Asia-Pacific, NCT00492752)	1st	Sorafenib (n = 150) Placebo (n = 76)	2.8 versus 1.4; HR = 0.57 (95% CI, 0.42–0.79); P = 0.0005	6.5 versus 4.2; HR = 0.68 (95% CI, 0.50–0.93); P = 0.014
Brivanib versus sorafenib [9] (BRISK-FL, NCT00858871)	1st	Brivanib (n = 577) Sorafenib (n = 578)	4.1 versus 4.2; HR = 1.01 (95% CI, 0.88–1.16); P = 0.8	9.5 versus 9.9; HR = 1.05 (95% CI, 0.94–1.23); P = 0.31
Sunitinib versus sorafenib [13] (SUN, NCT00247676)	1st	Sunitinib (n = 530) Sorafenib (n = 544)	3.8 versus 4.1; HR = 1.13 (95% CI, 0.98–1.31); P = 0.16	7.9 versus 10.2; HR = 1.30 (95% CI, 1.13–1.5); P = 0.001
Linifanib versus sorafenib [14] (LIGHT, NCT01009593)	1st	Linifanib (n = 517) Sorafenib (n = 518)	5.4 versus 4.0; HR = 0.76 (95% CI, 0.64–0.89); P < 0.001	9.1 versus 9.8; HR = 1.04 (95% CI, 0.89–1.22); P = NS
Ramucirumab versus placebo [17] (REACH, NCT01140347)	2nd	Ramucirumab (n = 283) Placebo (n = 282)	3.5 versus 2.6; HR = 0.59 (95% CI, 0.49–0.72); P = 0.0001	9.2 versus 7.6; HR = 0.866 (95% CI, 0.72–1.05); P = 0.14
Brivanib versus placebo [18] (BRISK-PS, NCT01108705)	2nd	Brivanib (n = 263) Placebo (n = 132)	4.2 versus 2.7; HR = 0.56 (95% CI, 0.42–0.78); P = 0.001	9.4 versus 8.2; HR = 0.89 (95% CI, 0.69–1.15); P = 0.33
FOLFOX versus doxorubicin [24] (NCT00471965)	1st	FOLFOX (n = 184) Doxorubicin (n = 187)	2.93 versus 1.77 (95% CI, 1.6–2.3)*; P = 0.01	6.4 versus 4.9; HR = 0.80 (95% CI, 0.63–1.02); P = 0.07
Everolimus versus placebo [47] (EVOLVE-1, NCT01035229)	2nd	Everolimus (n = 362) Placebo (n = 184)	3.0 versus 2.6; HR = 0.93 (95% CI, 0.75–1.15); P: NA	7.6 versus 7.3; HR = 1.05 (95% CI, 0.86–1.27); P = 0.67
Sorafenib + erlotinib versus sorafenib + placebo [52] (SEARCH, NCT00901901)	1st	Sorafenib + erlotinib (n = 362) Sorafenib + placebo (n = 358)	3.2 versus 4.0; HR = 1.13 (95% CI, 0.94–1.36); P = 0.91	9.5 versus 8.5; HR = 0.92 (95% CI, 0.78–1.1); P = 0.2

Mo = months; HR = hazard ratio; ns = not significant; OS = overall survival; PFS = progression-free survival; TTP = time to progression; CI = confidence interval.

* PFS.

VEGF receptors (VEGFR) and fibroblast growth factor receptors (FGFR) [7,8]. This phase III trial failed to demonstrate either superiority or non-inferiority over sorafenib in 1150 patients [9]. In the two groups, similar results were observed for median OS, ORR, time to progression (TTP) and disease control rates (DCR) (Table 1). Toxicity and proportion of patients discontinuing therapy for toxicity seemed somewhat higher in the brivanib arm. The BRISK-PS trial compared brivanib to placebo (with 2:1 randomisation) after failure of sorafenib in 395 patients in Western centres. Despite significant improvements in ORR (10% versus 2%; $P = 0.003$) as measured by modified RECIST and in TTP, BRISK-PS failed to achieve its primary end-point of a significant improvement in OS (Table 1). Imbalances between the treatment arms regarding macro-vessel invasion and baseline alphafetoprotein (AFP) levels favouring the placebo arm, the higher rates of discontinuation for toxicity in the brivanib arm, and the higher-than-expected OS of 8.2 months in the placebo arm reflecting the highly selected nature of the population may explain these negative results. A randomised phase II trial comparing axitinib, a potent and selective TKI of VEGFR-1, -2 and -3 to placebo in 202 patients after failure of sorafenib failed to demonstrate a significant benefit in OS, its primary end-point (12.7 versus 9.7 months; hazard ratio (HR) = 0.87; $P = 0.211$) despite significantly better progression-free survival (PFS) and DCR [10]. Sunitinib, a multi-targeted TKI has shown anti-tumour activity among HCC patients in several single-arm phase II studies [11,12]. SUN, a large phase III trial comparing sunitinib (37.5 mg daily) to sorafenib in the first-line setting, was discontinued early after the inclusion of 1074 patients because of higher toxicity (grade 3–4 adverse events, 82% versus 74%), including more grade 3–5 bleeding events, and shorter OS [13] (Table 1). Linifanib is the third selective TKI of VEGFR and platelet-derived growth factor receptor (PDGFR) compared to sorafenib in a phase III trial in the first-line setting [14]. After the inclusion of 1035 patients, median OS was similar despite median TTP and ORR (13.0 versus 6.9%) in favour of linifanib (Table 1). Again, toxicity leading to treatment discontinuations and dose reductions was significantly more frequent with linifanib.

The distinct safety profile of monoclonal antibodies targeting VEGF or VEGFR compared to TKI might be of special interest in patients with HCC. However, despite encouraging signals of activity with bevacizumab, a monoclonal antibody that binds VEGF-A, the main isoform of circulating VEGF, and notably interesting ORR of 13% and 14%, as first-line single-agent therapy in two Phase II studies [15,16], the development of this agent was stopped in HCC because of safety concerns (infrequent gastro-oesophageal variceal bleeding). Moreover, in the REACH phase III trial, which allocated 565 patients to receive either ramucirumab,

a fully human IgG1 monoclonal antibody targeting VEGFR-2, or placebo every 2 weeks after failure of sorafenib [17], arterial hypertension, liver dysfunction, bleeding and cytopaenias were more frequent in the ramucirumab arm, and despite significant benefit in terms of PFS, TTP, ORR and DCR, no significant OS benefit was seen, except in patients with AFP levels >400 ng/mL (7.8 versus 4.2 months; HR = 0.67; $P = 0.0059$) (Table 1). In this subgroup, which accounts for nearly half of the patients, an interesting ORR of 20% was achieved, suggesting a potential for further investigation of ramucirumab in such patients. However, whether baseline AFP levels are able to predict the efficacy of ramucirumab should be assessed prospectively, and the biological reasons underlying such a relationship (if any) remain elusive. More generally, owing to the repeatedly disappointing results observed in all recent phase III trials with antiangiogenic TKI as well as monoclonal antibodies, in both the first-line and the second-line setting, it seems unlikely that any of the numerous antiangiogenic agents still under evaluation among phase I/II (axitinib, AMG386, apatinib, dalantercept, nintedanib, orantib, RO5323441, tivozanib and TRC-105) and randomised phase II-III trials (dovitinib, lenvatinib and regorafenib) [18–20] (Table 2) will be successful in the treatment of unselected patients with advanced HCC, even those with promising efficacy results in Phase II trials (e.g. lenvatinib, with median TTP and OS of 12.8 and 18.7 months, respectively [21]). Unfortunately, no biomarker predictive of the efficacy of antiangiogenic therapy in HCC has been validated so far, precluding the selection of patients in future trials [22,23].

1.2. Cytotoxic chemotherapy

The oxaliplatin-fluorouracil combination (FOLFOX regimen) has been recently compared to doxorubicin in a phase III trial. In the EACH Asian trial in which 371 patients were randomly assigned to FOLFOX or doxorubicin as first-line systemic treatment [24], ORR (8.2% versus 2.7%) and median PFS were significantly higher in the FOLFOX arm; however, the observed OS benefit attained statistical significance only in a subsequent post-hoc analysis (6.5 versus 4.9 months; $P = 0.04$) (Table 1). Whether oxaliplatin-based chemotherapy could represent a therapeutic option after failure of sorafenib deserves to be assessed prospectively.

1.3. Combination therapies with sorafenib

1.3.1. Combination of sorafenib with cytotoxic chemotherapy

Given the low ORR obtained with VEGFR inhibitors such as sorafenib ($<3\%$), adding cytotoxic chemotherapy

Table 2
Main ongoing randomised trials.

Comparison (Name, study number)	Trial phase	Line of treatment	Primary end- point	Child–Pugh max	ECOG Max
Lenvatinib versus sorafenib (NCT01761266)	III	1st	OS	A	1
Sorafenib + doxorubicin versus sorafenib (CALGB80802, NCT01015833)	III	1st	OS	A	1
Regorafenib versus placebo (NCT01774344)	III	2nd	OS	A	1
Tivantinib versus placebo (Metiv-HCC, NCT01755767)	III	2nd	OS	A	1
Cabozantinib versus placebo (CELESTIAL, NCT01908426)	III	2nd	OS	A	1
ADI-PEG20 versus placebo (NCT01287585)	III	2nd	OS	B7	2
Dovitinib versus sorafenib (NCT01232296)	IIR	1st	OS	A	1
JX-594 versus BSC (NCT01387555)	IIR	2nd	OS	B7	2

OS = overall survival; PFS = progression-free survival; TTP = time to progression; MTD = maximum tolerated dose; NA = non-available; R = randomised trial; BSC = best supportive care.

to sorafenib might bring clinical value. In a randomised phase II study of doxorubicin with or without sorafenib in 96 patients, median OS, PFS (6.0 versus 2.7 months) and TTP were significantly improved in the sorafenib arm [25] (Table 3). However, whether this benefit is due to sorafenib by itself or to its combination to doxorubicin cannot be claimed before the final results of the on-going phase III trial comparing sorafenib with or without doxorubicin (CALGB 80802 trial) (Table 2).

Previous several first-line phase II studies of gemcitabine plus oxaliplatin combination (GEMOX) in advanced HCC showed a favourable safety profile, and encouraging ORR and DCR of 20% and 65%, respectively [26,27]. These results have recently been confirmed in ‘real life’ conditions and also as second-line treatment after failure of sorafenib in two retrospective studies [28,29]. Therefore, a randomised phase II trial was conducted in 94 patients allocated to either sorafenib alone or sorafenib plus GEMOX [30]. The main objective (4-month PFS rate >50%) was achieved but was comparable in both arms (54% versus 64% respectively), and median PFS and OS were not significantly different between the two arms (Table 3). In the SECOX single-arm phase II trial, sorafenib was combined to oxaliplatin (85 mg/m², day 1) and capecitabine (1700 mg/m², day 1–7) every 2 weeks. Among the 51 patients enrolled (84% of whom being hepatitis B carriers), 16% achieved an OR and another 62% had a stable disease for at least eight weeks [31]. However, median TTP and OS did not seem very different from those

obtained with sorafenib alone (Table 3). Collectively, these data suggest that the addition of cytotoxic chemotherapy to sorafenib results at most in a modest synergism/additive effect.

1.3.2. Combination of sorafenib with EGFR inhibitors

Epidermal Growth Factor Receptor (EGFR) protein overexpression and EGFR gene amplification have been reported in 66% and 45% of HCC cases, respectively [32]. Pre-clinical data have also suggested a synergism between sorafenib and EGFR inhibitors as well as a role for the EGFR pathway in resistance to sorafenib [33,34]. However, the phase II studies of EGFR inhibitors administered either alone or in combination with cytotoxic chemotherapy or other molecular targeting agents reported to date failed to demonstrate significant or reproducible antitumour activity in advanced HCC [35–44]. Despite the lack of phase II data regarding the combination of sorafenib plus erlotinib in HCC, the SEARCH phase III trial was conducted, and concluded that the addition of erlotinib to sorafenib did not confer any survival benefit [45] (Table 1). Among potential explanations for these negative results, one includes the fact that adding erlotinib led to cumulative AEs decreasing sorafenib treatment duration.

1.3.3. Combination of sorafenib with mTOR inhibitors

Approximately 40–50% of the patients with HCC harbour tumour alterations in the mTOR signalling pathway [46]. Everolimus, an orally available mTOR

Table 3
Main clinical trials combining sorafenib and systemic chemotherapy.

Comparison [Reference] (Name, study number)	Trial Phase	Line of treatment	Patients (n)	TTP (in months)	OS (in months)
Doxorubicin + sorafenib versus doxorubicin + placebo [25] (NCT00108953)	II	1st	47 versus 49	6.4 versus 2.8; HR = 0.50 (95% CI, 0.3–0.9); <i>P</i> = 0.02	13.7 versus 6.5; HR = 0.49 (95% CI, 0.3–0.8); <i>P</i> = 0.006
GEMOX + sorafenib versus sorafenib [30] (GONEXT, NCT00941967)	II	1st	39 versus 44	6.2 versus 4.6* HR = NA; <i>P</i> = 0.68	13.5 versus 13.0 HR = NA; <i>P</i> = 0.11
Sorafenib + CAPOX [31] (SECOX, NCT00752063)	II	1st	51	5.3 (95% CI, 3.8–5.9)	11.7 (95% CI, 8.9–15.4)

GEMOX = gemcitabine plus oxaliplatin; CAPOX = capecitabine plus oxaliplatin; HR = hazard ratio; CI = confidence interval.

* PFS.

inhibitor, failed to demonstrate a significant benefit over placebo in the phase III EVOLVE-1 trial in 546 patients who previously failed sorafenib [47] (Table 1). Temsirolimus, an intravenously administered mTOR inhibitor, met its primary end-point with a median PFS of 17 weeks and a 24-week PFS rate of 37% in a phase II study in 25 patients [48]. However, it failed to reproduce such encouraging results in three separate phase I–II trials, when it was used in monotherapy or in combination with sorafenib or bevacizumab [49–51]. As no predictive marker of efficacy is currently able to predict mTOR inhibitor efficacy, the development of mTOR inhibitors in HCC seems jeopardised [52].

2. New therapeutic agents on the horizon

2.1. MET inhibitors

Accumulating evidence has established the role of the tyrosine kinase receptor MET and its ligand hepatocyte growth factor (HGF) in tumour development and metastatic progression in HCC [53–55]. The activation of the HGF/MET pathway in HCC is associated with an aggressive phenotype and poor prognosis [56]. In a randomised phase II study, tivantinib, a selective MET TKI, has been compared to placebo in the second-line setting in 107 patients, of whom 77 (72%) could be assessed for tumour MET status by immunochemistry [57]. Of those, 37 (48%) had MET-high tumours. Overall, the 71 patients assigned to tivantinib had a slightly longer TTP (1.6 versus 1.4 months (HR 0.64, $P = 0.04$). The most frequent adverse event leading to dose reductions in the tivantinib group was severe neutropenia in eight (47%) of 17 patients, suggesting an off-target effect of this drug. Recent preclinical data also showed that tivantinib inhibits microtubule polymerisation in addition to inhibiting c-MET [58].

Interestingly, only patients with high tumour MET expression derived a significant benefit from tivantinib in terms of TTP (2.7 versus 1.4 months; HR = 0.43; $P = 0.03$) and OS (7.2 versus 3.8 months; HR = 0.38; $P = 0.01$) [57]. In the placebo group, patients with MET-high tumours had significantly shorter OS (3.8 months) compared to that in patients with MET-low tumours (9.0 months; HR = 2.94; $P = 0.02$). Therefore, as in other tumour types, tumour MET status appears both predictive and prognostic. For the first time in advanced HCC, the use of such a potential predictive biomarker has been showed to select patients who are most likely to benefit from treatment. However, MET status determination needs further standardisation and validation before being used routinely. A phase III trial of tivantinib in the second-line setting in patients with MET-high advanced HCC who previously failed sorafenib is currently in progress (Table 2). Cabozantinib (XL-184), a dual MET/VEGFR-2 TKI, has also

shown encouraging results as a second-line therapy in a randomised phase II study in 41 patients, with a 12-week DCR of 68%, a median PFS of 4.4 months and a median OS of 15.1 months [59]. Three patients (8%) experienced a partial response, and 28 of the 36 evaluable patients (78%) had tumour regression. Most common grade 3/4 events were diarrhoea (17%), palmar-plantar erythrodysesthesia (15%) and thrombocytopenia (10%). Cabozantinib has entered in phase III (Table 2). Many other MET inhibitors (e.g. foretinib, golvantini, INC-280 and MSC2156119J) are also under evaluation [60,61]. A plasma biomarker analysis from the SHARP trial supports the theory that a low HGF concentration at the baseline was a predictor of outcome in patients with HCC (P of interaction = 0.073) [62]. If this association is confirmed, this predictor could increase the scope of MET inhibitors in HCC.

2.2. Immune-based therapies

2.2.1. Immune checkpoint blockers

Immunotherapy aims to provide an efficient and selective targeting of tumour cells by inducing or boosting the existing tumour-specific immune response [63]. Blockade of immune checkpoints is one of the most promising approaches to activate anti-tumour immunity [64]. In advanced melanoma, ipilimumab, a monoclonal antibody directed against cytotoxic T-lymphocyte-associated antigen 4 (CTLA4), has demonstrated a survival benefit [65,66]. These results pioneered the use of immune checkpoint blockers in cancer. Owing to a microenvironment rich in immune cells and a high gene mutation rate which might predict tumour response to immunotherapy, HCC might be a good candidate for immune-based therapies [67–69]. In a pilot study in 21 patients with HCC and chronic hepatitis C infection, tremelimumab, an anti-CTLA4 monoclonal antibody, showed very promising ORR and DCR of 18% and 76%, respectively. Moreover, tremelimumab induced a significant decrease in viral load [70]. Despite safety concerns of this therapeutic class, particularly immune events, tremelimumab showed a good safety profile in this small study.

Programed death-1 (PD-1) is another immune checkpoint receptor that inhibits T-cell activation when bound by PD ligands (PDL)-1 and PDL-2. Very encouraging results in various tumour types have recently been published [71–73]. With reported overexpression rates varying from 45% to 93%, PDL-1 represents a promising target in HCC [74,75]. Preclinical data have suggested that PD-1 and PDL-1 can suppress HCC growth [76]. Nivolumab, a PD-1 blocking antibody is currently tested in a phase I trial dedicated to HCC patients. At the same time, several phase I studies of PD-1 and PDL-1 blockers opened specific cohorts for HCC patients [77,78]. In addition, these agents will be investigated as antiviral drugs and for earlier stages of

disease within the context of percutaneous tumour ablation and transarterial chemoembolisation.

2.2.2. Viral therapies

JX-594, an oncolytic and immunotherapeutic vaccinia virus, has recently been evaluated in a phase II trial in which patients were randomised to receive low- or high-dose of the product by direct intratumour injection [79]. The intrahepatic 8-week DCR was 46% and high dose level of JX-594 was associated with a longer OS compared to low dose. Randomised controlled trials are ongoing comparing JX-594 versus standard of care in the first-line setting and versus best supportive care after sorafenib failure.

2.2.3. Lenalidomide

Lenalidomide is a thalidomide analogue with immunomodulatory and antiangiogenic properties that include altering cytokine production, activating T cells and stimulating natural killer cell functions [80]. Lenalidomide has been tested in a phase II trial in patients with advanced HCC who failed sorafenib. Six (15%) of the 40 patients had a partial tumour response. Two patients (5%) did not progress at 36 and 32 months. The median PFS and OS were 3.6 and 7.6 months, respectively.

2.3. MEK inhibitors

In a phase II study, selumetinib (AZD6244), an orally available MEK inhibitor produced no response in the 17 evaluable patients, and the study was stopped at the interim analysis. Median TTP was short (8 weeks) suggesting minimal clinical activity [81]. Selumetinib has also been tested in combination with sorafenib. Although three partial responses and six disease stabilisations were observed among the 11 evaluable patients, the small number of patients renders this study difficult to interpret [82].

Refametinib (BAY 86-9766), another orally available MEK inhibitor, has been tested in combination with sorafenib in the first-line setting [83]. Encouraging efficacy results have been observed among the 65 evaluable patients with a 43% DCR (ORR, 5%). Best clinical responders had *RAS* mutations. However, many concerns were raised regarding toxicity, including four fatal adverse events (hepatic failure, sepsis/hepatic encephalopathy, tumour lysis syndrome and unknown cause). The most frequent drug-related adverse events were skin rash, gastrointestinal toxicity (nausea, vomiting and anorexia) and elevation of aminotransferases. Dose modifications due to adverse events were necessary in almost all patients. The frequency and severity of the drug-related adverse events among the different clinical trials may hamper the development of MEK inhibitors in HCC. A phase II single-agent study is ongoing in patients with advanced HCC carrying a *RAS* mutation.

2.4. Telomerase inhibitors

Telomeres are protective caps at the ends of human chromosomes. Telomeres shorten with each successive cell division in normal human cells whereas they are continuously elongated by human telomerase reverse transcriptase (hTERT) in tumours [84]. TERT promoter mutations are highly related to the stepwise hepatocarcinogenesis, and mutations are identified in 42% of HCC (Table 4) [85]. Several strategies of direct or indirect telomerase inhibition (antisense oligonucleotides, immunotherapy, gene therapy, G-quadruplex stabilisers, telomere and telomerase-associated proteins (HSP90)...) are under investigation. Most of these agents have entered phase I and II clinical trials in patients with various tumours. Some of them have shown signs of anti-tumour activity but most therapeutics have shown to be more effective when used in combination with standard therapies. Further data are needed to confirm the role of this therapeutic class.

2.5. FGF inhibitors

FGF19, the natural ligand of FGFR4, is activated in approximately 20% of HCC [86–88]. As promising clinical data using selective FGFR inhibitors have already been reported among various tumour types with FGFR amplification, FGFR4 blockers could represent an interesting approach [89].

Table 4
Main molecular alterations in HCC.

Pathway [117,118]	Mutated gene	Estimated frequency (%)
Telomere maintenance	<i>TERT</i>	32
Wnt/ β -catenin	<i>CTNNB1</i>	19–32.8
	<i>AXIN1</i>	11
	<i>APC</i>	1.6
Cell cycle regulator	<i>TP53</i>	20.8–30
	<i>CDKN2A</i>	7.2–9
	<i>ATM</i>	3
	<i>IRF2</i>	4.8
	<i>RB1</i>	3
Epigenetic modifier	<i>MLL genes</i>	3
	<i>ARID1A</i>	9–16.8
	<i>ARID2</i>	5.6–7
	<i>SMARCA4</i>	3
FGF/PIK3/Ras signalling	<i>FGF19*</i>	20
	<i>KRAS</i>	1.6
	<i>NRAS</i>	2
	<i>BRAF</i>	3
	<i>PTEN</i>	3
	<i>PIK3CA</i>	5
	<i>RPS6KA3</i>	9.6
	<i>EGFR</i>	<1
Stress oxidative pathway	<i>NFE2L2</i>	3–6.4
	<i>BRCA2</i>	2
JAK/STAT pathway	<i>JAK1</i>	0–9
	<i>IL6ST</i>	5
Other	<i>HNFI1A</i>	5

* Amplification.

2.6. IGF1-R inhibitors

To date, insulin-like growth factor (IGF)1-R inhibitor development seems compromised, as several drugs (AVE-1642, BIIB 022, cixutumumab, OSI-906) showed a lack of antitumour activity in phase I/II trials in HCC [90,91].

2.7. Apoptosis inducers

Tumour necrosis factor-related apoptosis-inducing ligand (TRAIL) is a member of the tumour necrosis factor ligand super family that induces programmed cell death primarily in tumour cells through TRAIL death receptors. Mapatumumab, a TRAIL-R1 agonistic antibody, has been tested in combination with sorafenib in the first-line setting. In this phase II study in which 101 patients were randomised to receive sorafenib with either mapatumumab or placebo, no PFS or OS improvement was observed [92].

2.8. Glypican-3

Glypican-3, a member of heparan sulphate proteoglycan family, is highly expressed in HCC [93,94]. GC33, a humanised monoclonal antibody that binds the glypican-3 receptor, interacts with CD16/FcγR3 and triggers antibody-dependent cytotoxicity. In a phase II trial in patients with advanced HCC who had failed prior systemic therapy, GC33 did not show any clinical benefit compared to placebo [95,96]. Attempts to combine GC33 to sorafenib led to very poor tolerance [97].

2.9. TGF-β inhibitors

Transforming Growth Factor-beta (TGF-β) is the most important profibrogenic mediator and a protumorigenic factor [98]. In a phase II trial, LY2157299, a TGF-β inhibitor, was administered to 109 patients at two different dose levels [99]. In the whole patient population, median TTP and OS were 12 and 36 weeks, respectively. In AFP responders (AFP decline >20%), median OS was 93.1 weeks versus 29.6 weeks in AFP non-responders. The safety profile appeared manageable, with only four patients who discontinued treatment due to a drug-related adverse event. Combination with sorafenib is under evaluation.

2.10. Arginine deprivation

HCC is an arginine auxotroph due to argininosuccinate synthetase I deficiency and extracts arginine from the circulation [100]. Arginine deprivation induces cell death [100,101]. Several phase I/II trials have tested different arginine deprivation therapies (ADI-PEG 20,

Peg-rhArg1) [102–105]. A phase I/II study of pegylated arginine deiminase (ADI-PEG 20), an arginine-degrading enzyme, showed a favourable safety profile in a patient population with impaired hepatic function [106]. Of 19 evaluable patients, two (10%) had a complete response, 7 (37%) had a partial response and 7 (37%) had stable disease. In an Asian randomised phase II trial, ADI-PEG 20 showed a promising DCR of 31%, a median OS of 7.3 months and an excellent toxicity profile [102]. Based on these results, a double-blind, placebo-controlled, phase III study of ADI-PEG 20 versus best supportive care after prior systemic therapy is ongoing (Table 2).

2.11. Histone deacetylase inhibitors

Histone deacetylase (HDAC) inhibitors modulate the expression of genes by causing an increase in histone acetylation. Among the HDAC inhibitors already tested, belinostat showed disappointing results as single-agent therapy [107]. However, the combination of sorafenib with resminostat achieved an unexpectedly high 12-week PFS rate of 70% and a median OS of 8.0 months in a randomised phase II study (SHELTER) [108]. The future of this therapeutic class in HCC probably lies in combination therapy.

3. What can we change?

3.1. Clinical trial design

Compared to renal cell carcinoma or melanoma, the drug approval rate of new drugs in HCC has been particularly low. Recently, seven phase III trials failed to meet their primary end-points in the first-line (sunitinib, linifanib, brivanib and erlotinib) and second-line setting (brivanib, everolimus and ramucirumab). The main reasons explaining these failures have been extensively depicted recently [109]: (1) suboptimal understanding of HCC tumour drivers and molecular subclasses; (2) inappropriate determination of the maximum tolerated dose among HCC patients in the context of cirrhosis and liver dysfunction; (3) difficult-to-interpret non-randomised phase II trial design using inconsistent surrogate end-points and (4) lack of useful biomarkers. Thus, specific rigorous phase I clinical trial development is required. Liver tumour biopsy needs to be performed in all HCC patients eligible for systemic therapy to consider the molecular intertumoural heterogeneity of this disease and to facilitate predictive biomarker identification. Phase II development should define reliable surrogates of OS, including improved radiologic criteria to measure tumour shrinkage/stabilisation, as current criteria (RECIST, modified RECIST, ratio of tumour volume to necrosis...) are still not validated yet.

3.2. From molecular data to predictive biomarkers

Different international collaborative studies such as The Cancer Genome Atlas (TCGA) and the International Cancer Genome Consortium (ICGC) have performed complete genomic characterisation of various cancers including HCC to refine our knowledge of the mutational landscape and the related signalling pathways involved in liver carcinogenesis [69]. Cancer genomes sequenced so far have revealed hundreds to thousands of mutations [110–114]. Biology of HCC is also complex, and no single oncogenic addiction loop has been found that drives tumour hepatocarcinogenesis and progression in HCC [69,115–118]. The most frequent HCC-related molecular alterations involved in HCC are summarised in Table 4. The use of predictive biomarkers has become essential leading to successful translational and clinical development of agents such as vemurafenib, crizotinib and olaparib [119–121]. Recent negative results from phase III trials highlighted the need to use such predictive biomarkers to improve the drug approval rate. Indeed, the identification of new relevant targets will lead to the development of pivotal proof-of-principle, proof-of-concept and biomarker-based enrichment trials [122–124]. However, such predictive biomarkers are not easy to find, and none has been validated so far in HCC. In a retrospective study looking at ten potential predictors of response to sorafenib, none of them were found to be predictive [62]. Recently, promising data emerged from MET and VEGF pathways. MET immunochemical expression has been suggested as a useful predictive biomarker to select patients who are most likely to benefit from the MET inhibitor tivantinib. VEGF-A amplification has retrospectively been described as a potential predictor of benefit for VEGF-A blocking drugs. FISH-based selection of VEGF-A-amplified HCC defined a group of sorafenib-treated patients with improved outcome [22,23,125]. Further prospective studies are required to validate these predictive biomarkers.

To speed up the drug development process, different initiatives worldwide have incorporated a molecular screening approach in order to match patients with a specific genomic alteration to the most relevant targeted therapy [126], and have demonstrated the feasibility of such an approach. However, several limitations might be stressed. The first one is linked to the interpretation of the sequencing results and to the selection of actionable targets for targeted therapies. Among the hundreds to thousands of mutations, making the distinction between driver mutations, which confer growth advantage and are responsible for pathogenesis, and ‘bystander’ mutations which are generally distributed randomly across the genome, is crucial to determine which one has to be targeted [127]. The second challenge is to take into account the intra-patient tumour hetero-

geneity and clonal evolution which can challenge patient selection and may explain the emergence of drug resistance. In HCC, a study suggested that among patients with multiple tumour nodules, 36% of them had tumours with different clonality and hence were of multicentric origin [128]. The third challenge is that the efficacy of targeted therapies is limited by drug resistance [129–131]. Sequential molecular evaluation would then be necessary to identify the mechanism of resistance [132,133]. New surrogate molecular markers derived from circulating tumour cells or cell-free DNA would then be of great interest to avoid tumour biopsies [134–137].

4. Conclusion

Since the approval of sorafenib, HCC remains deprived of additional systemic treatments in first and second-line therapy. The failure of all recent phase III trials has highlighted the complexity of drug development in HCC. Regardless of treatment, liver dysfunction, ethnic origin and the cause of liver disease should be increasingly taken into account. Robust, validated and reproducible surrogate end-points as well as predictive biomarkers of drug efficacy need to be defined and implemented in trial design. Finally, molecular complexity and heterogeneity of HCC including multiple genetic and epigenetic alterations should lead to identify distinct patient subgroups and hopefully improve patient outcome. In this perspective, novel trials should be designed to test drugs in biomarker-based HCC patient subpopulations.

Conflict of interest statement

DM has consulted or advised for Roche, Amgen, Imclone, Bayer, Teva, Keocyt, Sanofi-Aventis and Boehringer Ingelheim; has received honoraria from Merck Serono, Ipsen, Celgene and Novartis; has received travel grants from Roche and Bayer and has received research funding from Institut National du Cancer (INCa), Merck Serono, Amgen, Sanofi-Aventis and Roche.

MDu has consulted or advised for Roche, Merck Serono, Amgen, Lilly, Keocyt, Sanofi-Aventis, Ipsen, Celgene, Boehringer Ingelheim and Novartis; has received honoraria from Roche, Amgen, Merck Serono, Lilly and Novartis; has received travel grants from Roche, Amgen, Merck Serono and Novartis and has received research funding from Roche.

VB has consulted or advised for Merck Serono, Amgen, Sanofi-Aventis and Bayer; has received honoraria from Amgen, Merck Serono and Bayer; has received travel grants from Amgen, Merck Serono and Sanofi and has received research funding from Merck Serono.

CF and AH: None.

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